

# Sealectables®

Wild

## ALASKAN FISH 'n STICKS



### BEER BATTERED POLLOCK

**Wild Caught Pollock—  
Sealectables® Fish 'n  
Sticks** seafood is harvested  
from the icy waters of the  
North Pacific Ocean.

**Sustainably Harvested —  
Sealectables® Fish 'n  
Sticks** seafood is MSC certified  
sustainable; responsibly harvested!

**All Natural** — Our delicious  
Sealectables® Fish 'n Sticks is wild  
caught and carefully hand-filleted, then  
lightly beer battered for a delightful  
crunch in every bite with  
a golden crispy outside, and a  
delicately moist and flavorful inside.

Chang International, Inc. (206) 283 – 9098  
Kirkland, WA 98033

#### Preparation Instructions:

(Convection Oven)

**COOK FROM FROZEN.** Preheat oven to **425 degrees F.** Lightly grease baking sheet. Place frozen cod skewers on sheet and **bake for 18-22 minutes.**

(Deep Fryer)

**COOK FROM FROZEN.**

Preheat fryer to **350 degrees F.** Deep fry Fish 'n Sticks at **350 degrees F. for 4-6 minutes** or until golden brown.

#### Case Specifications:

##### Food Service

##### UPC

Dimensions:

Cube:

Gross Weight:

Net Weight:

**034713165923**

16.14" x 11.02" x 4.33"

.45 CF

11 pounds

10 pounds

##### Retail Pack

##### UPC

Dimensions:

Cube:

Gross Weight:

Net Weight:

**034713165022**

16.69" x 14.37" x 4.72"

.77 CF

11 pounds

10 pounds



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